



TRACKING TOOLS FOR ECHOCARDIOGRAM AND VASCULAR IMAGING DATA

We hope these tools will help patients track pertinent data from their cardiovascular imaging, including echocardiograms, MRAs, and CTAs. We believe it is important for patients to be empowered partners in their healthcare. You and your physicians should fill out this information together to help track aortic and arterial dimensions that show aneurysmal disease or dissections. Tracking data over time can help document stability or growth of vasculature and ensure timeliness of appropriate imaging.

THE FOLLOWING EXAMPLES CONTAIN SAMPLE DATA OF THE TYPES OF INFORMATION THAT YOU WOULD COLLECT IN THE PROCEEDING FORMS.

AORTIC ROOT MONITORING

DATE	HEIGHT	WEIGHT	MODALITY	AORTIC ROOT		NOTES	CURRENT BP MEDICATION	BP MEDICATION CHANGE
				CM	Z-SCORE <small>(pediatric use only)</small>			
12/13/2017	104 cm	17.7 kg	Echo	2.3cm	3.02		Losartan 12.5 mg	Losartan 25 mg

VASCULAR IMAGING MONITORING

DATE	CTA/MRA	PART(S) OF THE BODY	NOTES	SPECIFIC ARTERY BEING FOLLOWED/SPECIFIC MEASUREMENTS				
				1	2	3	4	5
12/20/2017	MRA	HNCAP	Tortuous vertebral and carotid arteries	Right Vertebral (7mm)	Right ICA Dissection	L Common iliac (1.6cm)	Descending aorta (3.7cm)	
12/1/2018	MRA	HNCAP	Tortuous vertebral and carotid arteries	Right Vertebral (7mm)	Right ICA Dissection	L Common iliac (1.7cm)	Descending aorta (3.8cm)	

AORTIC ROOT MONITORING

PATIENT:

DATE	HEIGHT	WEIGHT	MODALITY	AORTIC ROOT		NOTES	CURRENT BP MEDICATION	BP MEDICATION CHANGE
				CM	Z-SCORE <small>(pediatric only)</small>			

VASCULAR IMAGING MONITORING

PATIENT:

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